## **SPORT AND RECREATION**

## **Community Centre Timetable and Activities**

MONDAY	TUESDAY	WED NESDAY	THURSDAY	FRIDAY
6:00 - 8:00am <b>Gym</b>	6:00 - 8:00am <b>Gym</b>	6:00 - 8:00am <b>Gym</b>	6:00 - 8:00am <b>Gym</b>	6:00 - 8:00am <b>Gym</b>
3:00 - 7:00pm <b>All Activities</b>	3:00 - 7:00pm All Activities	3:00 - 7:00pm <b>All Activities</b>	3:00 - 7:00pm All Activities	3:00 - 6:00pm All Activities
ADDITIONAL ACTIVITIES				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Yoga (video)</b> 5:30 - 6:30am	<b>Walk &amp; Weights</b> 6:00 – 7:00am	<b>Spin Class</b> 6:00 – 7:00am	<b>Lawn Bowls</b> 6:00 - 7:00pm	Step Class (video)
<b>Social Tennis</b> 6:00 - 7:00pm	<b>Netball</b> 5.30 - 7:00pm	<b>Squash</b> 5:00 - 7:00pm	<b>"Jackpot" Bowls</b> (Every Pay Week) 7.00pm start	6:00 – 7:00am

## **Afternoon Play Time**

Children are welcome to come play at the Community Centre from 3:00pm - 6:00pm Monday to Friday .

Children who have not yet started Prep must be accompanied by someone 16yrs and over.







## **School Holiday Activities**

Monday 1st July Tuesday 2nd July Wednesday 3rd July Thursday 4th July Mon 8th - Thurs 11th July Table Tennis 3:00pm - 5:00pm Board Games 3:00pm - 5:00pm Mid Week Movie 6:00pm Lawn bowls 3:00pm - 5:00pm NAIDOC WEEK

Indigenous Games 3:00pm - 5:00pm